

Onekama Township Parks and Recreation

ONEKAMA 30 Day Challenge

VIRTUAL ATHLETIC EVENT

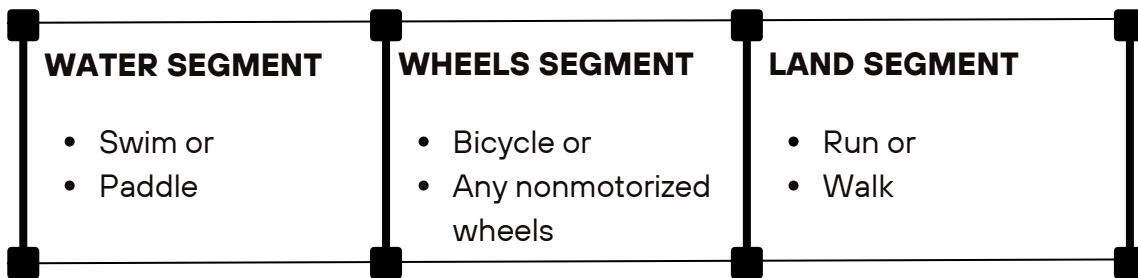
Get yourself or your team ready and bring your adventurous spirit for an exciting self-guided athletic challenge. Complete at your own pace, in your own place, and in your own way! Options for everyone!

**FREE
ENTRY**

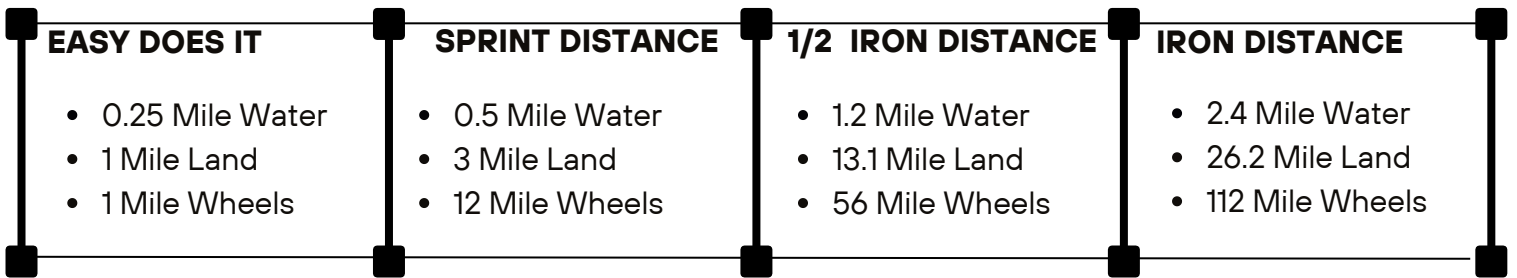
Go a little each day or go all the way in one day; divide it up however you like. Divide the activity with your team, or do it yourself. Report your progress weekly through the Onekama Township website. Those who complete their goal receive Onekama 30 Day Challenge swag. Reception after the Onekama Days 5K on August 3. Get moving outside in Onekama!

**30 DAYS
STARTS JULY 4
ENDS AUGUST 3**

CHOOSE OPTIONS FOR EACH SEGMENT



CHOOSE THE DISTANCE



Want **MORE** Challenge? Iron **Plus** Distance - **Go as far as you can!** Be a top athlete in Onekama!

